**Itch Tracker**

<table>
<thead>
<tr>
<th>(dog’s name)</th>
<th>Extremely severe</th>
<th>Severe</th>
<th>Moderate</th>
<th>Mild</th>
<th>Very mild</th>
<th>Normal dog</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>100</td>
<td>80</td>
<td>60</td>
<td>40</td>
<td>20</td>
<td>0</td>
</tr>
</tbody>
</table>

**Rate your dog’s itch**

- **Extremely severe**
  - Dog is scratching, chewing, licking, almost continuously. It practically never stops, regardless of what else is happening.

- **Severe**
  - Prolonged episodes of scratching and/or other symptoms when your dog is awake. Scratching, licking, etc, occur at night and also when eating, playing, or exercising.

- **Moderate**
  - Regular episodes of scratching while awake. Scratching and other symptoms may occur at night and wake your dog. But no scratching occurs when eating, playing, exercising, or being distracted.

- **Mild**
  - Moderately frequent episodes of scratching and/or other symptoms. There may be occasional episodes of scratching at night.

- **Very mild**
  - Occasional episodes of scratching and/or other symptoms. Your dog is slightly itchier than before the condition began.

- **Normal**
  - Woo hoo! Itch is not a problem.

**Quality of Life**

**How does allergic itch affect your dog’s quality of life?**

Consider how everyday activities are impacted (eg, sleep, mood, activity, playfulness, interactions with dogs/humans).

**How does your dog’s allergic itch affect you?**

Think about how your dog’s itch impacts you and your family—the emotional, social, and financial burden of the condition (eg, waking up at night, not being able to attend events with your dog, the cost of ineffective treatments).

**Rate your dog’s itch**

**Extremely severe**

- 100 = poor quality of life; my dog is significantly affected by itch

**Severe**

- 80 = great quality of life; no impact from itch

**Moderate**

- 60 = very poor quality of life; my dog is very affected by itch

**Mild**

- 40 = poor quality of life; my dog is affected by itch

**Very mild**

- 20 = poor quality of life; my dog is affected by itch

**Normal**

- 0 = normal quality of life; my dog is not affected by itch

**Keep your dog comfortable month after month by getting appointment reminders via phone or email!**

**Activate** at www.zoetispetcare.com/reminders

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